

# Glucosamine & Chondroitin... TEST RESULTS



The International Centre for  
Nutritional Excellence Ltd.

WINTER 2008

Manufacturer	Product	Pack Size	Cost	Chondroitin Label Claim	Test Result	Label Claim %	Glucosamine Label Claim	Test Result	Label Claim %	Glucosamine Type
HEALTHSPAN	CHONDROMAX	60	£8.95	400	332	83.00%	500	489	97.80%	HCl
VALUPAK	GLUCOSAMINE & CHONDROITIN	30	£3.65	400	390	97.50%	500	528	105.60%	2KCl
SUPERDRUG	GLUCOSAMINE & CHONDROITIN	30	£7.49	400	378	94.50%	500	396	79.20%	SULPHATE
SIMPLY SUPPLEMENTS	GLUCHONDREX GOLD	30	£17.99	400	127	31.75%	500	332	66.40%	HCl
HOLLAND & BARRETT	HIGH STRENGTH COMPLEX	60	£7.19	400	483	120.75%	500	525	105.00%	2KCl
BOOTS	GLUCOSAMINE & CHONDROITIN	30	£8.99	400	387	96.75%	500	497	99.40%	SULPHATE
WOODS	GLUCOSAMINE & CHONDROITIN	90	£4.99	100	0	0%	400	403	100.75%	2KCl
HEALTHY DIRECT	GLUCOSAMINE & CHONDROITIN	180	£8.99	100	0	0%	400	363	90.75%	2KCl
VITAMINS DIRECT	HIGH STRENGTH	120	£10.00	100	0	0%	410	452	110.24%	2KCl
WOODS	HIGH POTENCY GLUCOSAMINE & CHONDROITIN	90	£9.99	400	0	0%	500	458	91.60%	2KCl
SIMPLY SUPPLEMENTS	GLUCOSAMINE & MARINE CHONDROITIN	60	£8.99	400	0	0%	500	418	83.60%	2KCl
NATURES AID	HIGH STRENGTH GLUCOSAMINE & CHONDROITIN	90	£14.99	400	362	90.50%	375	252	67.20%	GLUCOSAMINE
ASDA	GLUCOSAMINE & CHONDROITIN	30	£4.88	400	461	115.25%	500	510	102.00%	2KCl
NATURAL ESSENTIALS	QUOROUS Q FLEX	60	£5.95	100	0	0%	410	424	103.41%	2KCl
SIMPLY SUPPLEMENTS	GLUCOSAMINE, CHONDROITIN & CALCIUM	60	£10.99	600	0	0%	750	605	80.67%	2KCl
HEALTHY DIRECT	GMX	180	£9.49	20	19.8	99.00%	400	406	101.50%	2KCl
GOLDSHIELD	FLEXEZE TRIPLE STRENGTH	60	£17.99	300	250	83.33%	1100	843	76.64%	SULPHATE
SEVEN SEAS	JOINTCARE ADVANCED	30	£8.31	200	220	110.00%	250	253	101.20%	SULPHATE
SAINSBURY	HEALTHY JOINTS	30	£6.99	200	235	117.50%	196	196	100.00%	GLUCOSAMINE

Study performed in conjunction with whatsinit.com, Winter 2008.